




What is ZYDELIG®

Medicine Name	Description
Idelalisib	<p>150 mg pill: oval, pink 100 mg pill: oval, orange</p> 

How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows: mg/day, i.e. 1 mg pill twice a day, every day.

Swallow whole with a glass of water; do not crush, cut, chew, or dilute the pills.

At a set time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – therapy regimen

Twice a day, at a set time, with or without meals									
With no gaps									

How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, liver function, and lipid profile), as well as clinical condition monitoring.

Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between ZYDELIG® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example: Avoid using Saint John's wort.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS



<p>Most common ones</p>	<p>Digestive problems: colitis with diarrhea Abnormal lab results: low multinuclear neutrophil count (neutropenia), abnormal liver function tests and/or lipid profile Skin problems: skin rash Respiratory problems: cough Others: fever, infection</p>
<p>WHEN TO ALERT THE MEDICAL TEAM?</p>	
<p>Tell medical personnel if the following conditions are present and in the absence of specific medical advice</p>	<p>Digestive problems > Significant and/or rapid weight loss > Very frequent diarrhea, bowel movement over 4 times a day > Severe abdominal pain > Inability to drink for 24 hours and/or eat for about 48 hours Symptoms suggestive of infection Temperature > 38.5 °C Cough, throat pain, pain on urination, diarrhea with fever Respiratory problems Increasing constant cough or problems breathing Skin problems Significant blisters or severe peeling of the skin Symptoms suggestive of neurological disorder > Unusual fatigue, headaches, dizziness, mood disorders, memory problems, creeps, limb paralysis, coordination impairment</p>
<p>HOW TO PREVENT SIDE EFFECTS?</p>	
<p>Infection</p>	<p>Don't forget the antibiotic prescribed by your doctor. Avoid visiting high risk areas (crowds, contact with sick people, ...). A flu and pneumococcal infection vaccine might be recommended for you: it will protect you.</p>
<p>Weight</p>	<p>Regularly check your weight in case of digestive problems.</p>
<p>Skin care</p>	<p>Opt for mild soap and moisturizer, pat skin dry. Avoid using any skin irritating products. <i>For sun protection use</i> broad spectrum sunscreen and avoid sun exposure.</p>
<p>HOW TO ADAPT YOUR DIET?</p>	
<p>Diarrhea</p>	<p>Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas. Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol. Drink more water.</p>

