



What is GIOTRIF®

Medicine Name	Description
Afatinib	20 mg pill: round, white-yellowish 30 mg pill: round, dark blue 40 mg pill: round, light blue 50 mg pill: oval, dark blue

How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows:..... mg/day, i.e. pill(s)/day, to be taken once a day, every day.












Swallow whole with a glass of water. Do not crush the tablets, but they can be diluted if difficult to swallow whole.

If necessary, dilute in approximately 100 ml of still water (do not use any other liquid), shaking occasionally (15 min). Drink the solution immediately. Rinse the glass with approximately 100 ml of drinking water.

At a set time, with a time interval between taking the medicine and eating (1 hour before a meal or 3 hours after a meal).

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – therapy regimen

Once a day, at a set time, outside of meals								
	< 1h — 3h >	< 1h — 3h >	< 1h — 3h >					
With no gaps								
	D1	D2	D3	D4	D5	D6	D7	D28

How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor kidney and liver function and potassium level), as well as clinical condition monitoring (arterial pressure, ECG, cardiac scintigraphy).

Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between GIOTRIF® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example While taking GIOTRIF®, it is necessary to avoid using Saint John's wort or yohimbine.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS	
Most common ones	<p>Skin problems: rash, itching, acne, dryness, inflammation of palms, soles of the feet, and areas of friction (hand-foot syndrome)</p> <p>Nails: paronychia (nail infection), nail peeling</p> <p>Digestive problems: diarrhea, inflammations inside the mouth (ulcers), nausea/vomiting</p> <p>Others: nose bleeds</p>



Some patients require special attention	Patients with cardiological anamnesis
WHEN TO ALERT THE MEDICAL TEAM?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<p>Digestive problems</p> <ul style="list-style-type: none"> > Significant and/or rapid weight loss > Very frequent diarrhea, bowel movement over 4 times a day > Mouth pain or ulcers that prevent normal eating > Severe abdominal pain <p>Other</p> <ul style="list-style-type: none"> > Pain in the eyes, tearing or redness, blurred vision, or sun sensitivity > Increasing constant cough or problems breathing
HOW TO PREVENT SIDE EFFECTS?	
Skin care	<p>On hands and feet: Apply moisturizing cream or milk and/or healing cream on hands and feet (without rubbing hard). Avoid exposing hands and feet to heat (hot water). Avoid activities that cause rubbing or injury. Avoid wearing overly tight clothing, socks, or shoes</p> <p>Body: Opt for mild soap and moisturizer, pat skin dry. Avoid using any irritating products. <i>For sun protection, use</i> broad spectrum sunscreen and avoid sun exposure.</p>
Nails	<p>Avoid fingernail and toenail injuries. Avoid using nail polishes, except protective polish specifically recommended to you by your medical team. Opt for straight shaped nails and don't cut your nails too short..</p>
Eyes	Avoid wearing contact lenses.
Weight	Regularly check your weight in case of digestive problem.
Oral hygiene	<p>Use a soft toothbrush, use oral rinses containing baking soda. Avoid oral rinses that contain menthol or alcohol.</p>
HOW TO ADAPT YOUR DIET?	
Diarrhea	<p>Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas. Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol. Drink more water.</p>
Loss of appetite	Opt for a higher calorie diet and "pleasure diet".
Nausea	<p>Opt for split nutrition consisting of several light meals, liquid and cold dishes. Limit consumption of fatty, fried, and spicy foods.</p>
Inflammation inside mouth (ulcers)	Avoid sour, sticky, or very salty foods.

