

Patient Information Leaflet Cyproterone – ANDROCUR®

What is ANDROCUR®

Medicine Name	Description
	50 mg pill: white, round
Cyproterone	100 mg pill
	There are generic drugs of different forms

How should you take your medicine?

Your doctor has determined your medicine dosage.

Swallow whole with a glass of water; if necessary, the tablets can be crushed or cut.

At a set time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage - therapy regimen



How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, liver function, and glucose level), as well as clinical condition monitoring (weight measurement).

Interactions with other medications and/or food

The occurrence of interactions between ANDROCUR® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking. *Example: A*void using Saint John's wort.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS	
Most common ones	General disorders: fatigue, sweating, hot flashes Behavior: agitation, sleep disorder Digestive problems: weight gain or weight loss Neurological problems: headaches Eye problems: vision problems Breast tenderness and swelling Decreased libido
Some patients require special attention	Patients with diabetes: risk of hyperglycemia

WHEN TO ALERT THE MEDICAL TEAM?



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Tell medical personnel if the	Eye problems
following conditions are	Pain in the eyes, tearing or redness, blurred vision, or light sensitivity
present and in the absence	Symptoms suggestive of phlebitis
of specific medical advice	> Red, warm to the touch, and painful calf
	Pain that prevents you from doing your normal activities
	Headaches
	Depression symptoms
	> Depressive thoughts
	> Sleeplessness
	> Memory loss
	Symptoms of liver function disorder
	> Jaundice
	Libido disorder
HOW TO PREVENT SIDE EFF	ECTS?
Weight	Regularly check your weight.
Fatigue	Opt for activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports Alternate periods of activity and rest.
Hot flashes	Engage in adjusted types of physical activity.
HOUMASHES	Avoid heat sources.
HOW TO ADAPT YOUR DIET?	
Weight gain	Drink plenty of fluid and avoid sugary drinks.
	Opt for a diverse diet: more vegetables and fruit, lean meat (skinless poultry, rabbit). Plan to have a light meal
	to avoid snacking.
	Avoid sausages, pastries, and various sweets, fried foods, as well as fatty and sugary processed foods.
Weight loss	Opt for a higher calorie diet and "pleasure diet".
Hot flashes	Avoid eating spicy foods with alcohol or caffeine.
	Drink plenty of cold drinks.



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