




What is ENDOXAN®

Medicine Name	Description
Cyclophosphamide	50 mg pill: white, round 

How should you take your medicine?

Your doctor has determined your medicine dosage.
















In your case, the dosage is as follows:..... mg/day, i.e.... 50 mg pills per day, to be taken in the morning,
..... (indicate whether to take continuously or not)

Swallow whole with a glass of water; do not crush, cut, chew, or dilute the pills.

At a set time, with a time interval between taking the medicine and eating.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – therapy regimen

Once a day, at a set time, in the morning, on an empty stomach	 On an empty stomach	 	 	 					
With no gaps Other regimens exist. For example: from D1 to D14, resume on D28	 D1	 D2	 D3	 D4	 D5	 D6	 D7	...	 D28

How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, liver and kidney function), as well as clinical condition monitoring (ECG).

Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between ENDOXAN® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example: While taking ENDOXAN®, it is necessary to avoid using Saint John's wort and grapefruit juice.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS



Most common ones	<p>Digestive problems: nausea, vomiting, diarrhea, inflammations inside the mouth (ulcers) Abnormal blood counts: low white blood cell count (neutropenia) and abnormal liver function tests Infertility in men and women Others: fever, urinary tracts infection, blood in urine (due to bladder irritation), hair loss(alopecia)</p>
WHEN TO ALERT THE MEDICAL TEAM?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<p>Digestive problems</p> <ul style="list-style-type: none"> > Significant and/or rapid weight loss > Very frequent diarrhea, bowel movement over 4 times a day > Mouth pain or ulcers that prevent normal eating > Severe abdominal pain > Inability to drink for 24 hours and/or eat for about 48 hours <p>Symptoms suggestive of kidney problems</p> <ul style="list-style-type: none"> > Blood in urine > Difficulty urinating or no urine <p>Symptoms suggestive of infection</p> <ul style="list-style-type: none"> > Temperature > 38.5 °C > Cough, throat pain, pain on urination, diarrhea with fever <p>Respiratory problems</p> <ul style="list-style-type: none"> > Increasing constant cough or problems breathing <p>Symptoms suggestive of cardiac problems</p> <ul style="list-style-type: none"> > Loss of consciousness, high palpitations
HOW TO PREVENT SIDE EFFECTS?	
Oral hygiene	<p>Use a soft toothbrush; use oral rinses containing baking soda. Avoid oral rinses that contain menthol or alcohol.</p>
Infection	<p>Avoid visiting high risk areas (crowds, contact with sick people, ...). A flu and pneumococcal infection vaccine might be recommended for you: it will protect you.</p>
Weight	<p>Regularly check your weight in case of digestive problems.</p>
Infertility	<p>Before starting treatment, ask your doctor about ways to save sperm and gametes.</p>
Hair loss	<p>Cut your hair. Find out about wigs and how they are reimbursed.</p>
HOW TO ADAPT YOUR DIET?	
Nausea	<p>Opt for split nutrition consisting of several light meals, liquid and cold dishes. Limit consumption of fatty, fried, and spicy foods.</p>
Diarrhea	<p>Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas. Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol. Drink more water.</p>
Inflammation inside mouth (ulcers)	<p>Avoid sour, sticky, or very salty foods.</p>

