




What is XALKORI®

Medicine Name	Description
Crizotinib	200 mg gelatin capsule, white and pink 250 mg gelatin capsule, white and pink 

How should you take your medicine?













Your doctor has determined your medicine dosage.

In your case, the dosage is as follows: mg/day, i.e. 1 gelatin capsule mg twice a day, every day.

Swallow whole with a glass of water, without opening or diluting the capsules. At a set time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – therapy regimen

Twice a day, at a set time, with or without meals									
With no gaps	 D1	 D2	 D3	 D4	 D5	 D6	 D7		 D28

How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts; liver and kidney function; potassium, calcium, and magnesium level), as well as clinical condition monitoring (arterial pressure, heart rate, ECG).

Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between XALKORI® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example: While taking XALKORI®, it is necessary to avoid using grapefruit juice, Saint John's wort, boldo, fucus, Asian ginseng, bitter orange, passionflower, or dandelion.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS



Most common ones	<p>Vision problems</p> <p>Digestive problems: nausea, diarrhea, vomiting, constipation, loss of appetite, abdominal pain, taste perception disorder</p> <p>Overall: fatigue, dizziness, decreased heart rate, swellings (face, legs, arms)</p> <p>Abnormal lab results: low hemoglobin level (anemia) and/or low white blood cell count (neutropenia), abnormal liver function tests</p> <p>Others: neuropathy (creeps, sensory disturbances), skin rash</p>
WHEN TO ALERT THE MEDICAL TEAM?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<p>Digestive problems</p> <ul style="list-style-type: none"> > Significant and/or rapid weight loss > Very frequent diarrhea, bowel movement over 4 times a day > Severe abdominal pain > Inability to drink for 24 hours and/or eat for about 48 hours > Bowel movements fewer than 3 times a week <p>Symptoms suggestive of infection</p> <ul style="list-style-type: none"> > Temperature > 38.5 °C > Cough, throat pain, pain on urination, diarrhea with fever <p>Symptoms suggestive of cardiac problems</p> <ul style="list-style-type: none"> > Loss of consciousness, high palpitations > Shortness of breath, lack of energy, dizziness <p>Eye problems</p> <ul style="list-style-type: none"> Vision decrease <p>Respiratory problems</p> <ul style="list-style-type: none"> > Increasing constant cough or breathing problems
HOW TO PREVENT SIDE EFFECTS?	
Weight	Regularly check your weight in case of digestive problems or swelling.
Constipation	To stimulate intestinal transit, engage in adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports...
Fatigue	Opt for activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports... Alternate periods of activity and rest.
Infection	Avoid visiting high risk areas (crowds, contact with sick people, ...). A flu and pneumococcal infection vaccine might be recommended for you: it will protect you.
Skin care	Opt for mild soap and moisturizer, pat skin dry. Avoid using any skin irritating products. <i>For sun protection use</i> broad spectrum sunscreen and avoid sun exposure.
Swelling	Avoid wearing tight clothing, socks, and shoes. Put your feet in an elevated position.
HOW TO ADAPT YOUR DIET?	
Nausea	Opt for split nutrition consisting of several light meals, liquid and cold dishes. Limit consumption of fatty, fried, and spicy foods.
Diarrhea	Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas. Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol. Drink more water.
Constipation	Opt for a high fiber diet. Drink more water.
Taste perception disorders	Opt for several small meals of warm and cold food per day. Avoid using metal kitchen utensils.
Weight loss	Opt for a higher calorie diet and "pleasure diet".

