




RELUGOLIX - ORGOVYX®

What is ORGOVYX

Medicine Name	Description
Relugolix	120mg pill 

How should you take your medicine?

Your doctor has determined your medicine dosage.












In your case, the dosage is as follows: on the first day, 360 mg, i.e. three 120 mg pills, to be taken all at once, then 120 mg/day, i.e. 1 pill, every day.

Swallow whole with a glass of water; do not crush, cut, or dilute the pills.

Take at the same time, with or without meals.

If you forgot to take a dose, it can be taken within 12 hours; however, in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – Therapy regimen

Once a day, at the same time, with or without meals	  
Continuously	       ...  J1 J2 J3 J4 J5 J6 J7 J28

How to get the medicine supply?

This medicine is available from local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts and liver function), as well as clinical condition monitoring (ECG).

Using contraceptives

This drug may harm an unborn baby. During the entire treatment and one month after its cessation, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between ORGOVYX® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example: While taking ORGOVYX®, it is necessary to avoid taking Saint John's wort.

What are possible side effects?

The most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.



Side effects	
The most common ones	Digestive problems: diarrhea, constipation, nausea, vomiting, loss of weight Cardiovascular problems: hypertension, hot flashes Skin problems: rash Abnormal blood tests: low hemoglobin level (anemia), abnormal liver function tests Others: pain in joints, fatigue
When to alert the medical team?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	Digestive problems: Significant and/or rapid weight loss Very frequent diarrhea, bowel movement over 4 times a day Inability to drink for 24 hours and/or eat for about 48 hours Bowel movements fewer than 3 times a week Hypertension symptoms: Headaches, buzzing in the ears and/or dizziness Skin problems: Significant blisters or severe peeling of the skin Pain that prevents you from doing your normal activities: Pain in joints
How to prevent side effects?	
Weight	Regularly check your weight in case of digestive problems.
Hot flashes	Engage in adjusted types of physical activity. Avoid heat sources.
Skin care	<i>For washing</i> opt for mild soap and moisturizer, pat skin dry. Avoid using any skin irritating products. <i>For sun protection</i> use broad spectrum sunscreen and avoid sun exposure.
Joint pain	Engage in adjusted types of physical activity.
Fatigue	Opt for activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports... Alternate periods of activity and rest.
How to adapt your diet?	
Diarrhea	Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas. Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol. Drink plenty of water.
Constipation	Opt for a high fiber diet. Drink plenty of water.
Nausea, vomiting	Opt for split nutrition consisting of several light meals, liquid and cold dishes. Limit consumption of fatty, fried, and spicy foods.
Hot flashes	Avoid eating spicy foods with alcohol or caffeine. Drink plenty of cold drinks.

