

#### Patient Information Leaflet



## **ETOPOSIDE - CELLTOP®**

### What is CELLTOP

Medicine Name	Description
	25 mg soft capsule 50 mg soft capsule
Etoposide	CCLUTO SO mile.  CCLUTO SO mile.  COMPANIENT STATE AND

### How should you take your medicine?

Your doctor has determined your medicine dosage.

be taken ..... times/day.

A cycle lasts ...... weeks. CELLTOP® needs to be taken for...... consecutive days, then there should be a .....-day break.

Swallow whole with a glass of water; do not open or dilute the capsules.

Take at the same time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

## Dosage – Therapy regimen

2 or 3 times per day, at the same time, with or without meals	<b>6</b>	101	
Take for 21 consecutive days every 28 days (7-day break)		<b>⊘ ⊘ ⊝</b> J21 J22	J28
Take from 3 to 5 days every 28 days		<b>⊘ ⊘ ⊖</b>	J28
Take from 3 to 5 days every 21 days		<b>2 2 -</b> J <sub>5</sub> J <sub>6</sub>	J21

# How to get the medicine supply?

This medicine is available from local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance.

Store this product in its original packaging, away from sources of heat and moisture.

# What else do you need to know?

Precautions and monitoring



Laboratory tests are necessary while taking your medication (blood test to monitor blood counts before the beginning of each cycle and liver function), as well as clinical condition monitoring (blood pressure.)

#### Using contraceptives

This drug may harm an unborn baby. During the entire treatment and one month after its cessation, you and your partner need to use effective contraception methods (condoms combined with another method).

#### Interactions with other medications and/or food

The occurrence of interactions between CELLTOP® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking. Example: While taking CELLTOP®, avoid taking olives.

# What are possible side effects?

The most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

The most common ones  Abnormal lab results: low hemoglobin level (anemia), low white cell count (leucopenia), multinuclear neutrophil count (neutropenia), and platelet count (thrombocytopenia), abnormal liver function test Digestive problems: abdominal pain, loss of weight, constipation, nausea, vomiting, diarrhea, inflammations inside the mouth (ulcers) Skin problems: hair loss, liching, skin rash, skin pigmentation Other: fatigue, maliase, dizziness Cardiac problems, hypertension  Patients requiring special attention  When to alert the medical team?  Tell medical personnel if the following conditions are present and in the absence of specific medical advice  Significant and/or rapid weight loss Very frequent diarrhea, bowel movement over 4 times a day Pain inside the mouth or ulcers that prevent normal eating Severe abdominal pain Inability to drink for 24 hours and/or eat for about 48 hours Bowel movements fewer than 3 times a week Symptoms suggestive of infection Temperature > 38.5 °C Cough, throat pain, pain on urination, diarrhea with fever Symptoms suggestive of hypertension Headaches, buzzing in the ears, and/or dizziness Blood pressure increase Symptoms suggestive of hypertension Headaches, buzzing in the ears, and/or dizziness Blood pressure increase Symptoms suggestive of lypertension Headaches, buzzing in the ears, and/or dizziness Blood pressure increase Symptoms suggestive of lypertension Urine coloration Decreased urine output Pain in the side under the ribs Skin problems Increasing constant cough or problems breathing Symptoms suggestive of lysis syndrome Urine coloration Decreased urine output Pain in the side under the ribs Skin problems Significant blisters or severe peeling of the skin  Weight Weight World Weight in case of digestive problems.	information, refer to your medicine leaflet	or seek advice from your doctor or pharmacist.		
cell count (leucopenia), multinuclear neutrophil count (neutropenia), and platelet count (thrombocytopenia), abnormal liver function test Digestive problems: abdominal pain, loss of weight, constipation, nausea, vomiting, diarrhea, inflammations inside the mouth (ulcers) Skin problems: hair loss, itching, skin rash, skin pigmentation Other: fatigue, malaise, dizziness Cardiac problems, hypertension  Patients requiring special attention  When to alert the medical team?  Tell medical personnel if the following conditions are present and in the absence of specific medical advice  Digestive problems Significant and/or rapid weight loss Very frequent diarrhea, bowel movement over 4 times a day Pain inside the mouth or ulcers that prevent normal eating Severe abdominal pain Inability to drink for 24 hours and/or eat for about 48 hours Bowel movements fewer than 3 times a week Symptoms suggestive of infection Temperature > 38.5 °C Cough, throat pain, pain on urination, diarrhea with fever Symptoms suggestive of hemorrhage Blood in stool or in vomit Hematomas (bruises), nose bleedings Symptoms suggestive of hypertension Headaches, buzzing in the ears, and/or dizziness Blood pressure increase Symptoms suggestive of radiac problems Shortness of breath, high palpitations, chest pain or tightness Respiratory problems Increasing constant cough or problems breathing Symptoms suggestive of lysis syndrome Unine coloration Decreased urine output Pain in the side under the ribs Skin problems Significant blisters or severe peeling of the skin  How to prevent side effects?  Infection  Mental dizerior.  Avoid visiting high risk areas (crowds, contact with sick people,). Vaccination for flu and pneumococcal infection might be recommended for you: it will protect you	Side effects			
Tell medical personnel if the following conditions are present and in the absence of specific medical advice    Digestive problems   Significant and/or rapid weight loss   Very frequent diarrhea, bowel movement over 4 times a day   Pain inside the mouth or ulcers that prevent normal eating   Severe abdominal pain   Inability to drink for 24 hours and/or eat for about 48 hours   Bowel movements fewer than 3 times a week   Symptoms suggestive of infection   Temperature > 38.5 °C   Cough, throat pain, pain on urination, diarrhea with fever   Symptoms suggestive of hemorrhage   Blood in stool or in vomit   Hematomas (bruises), nose bleedings   Symptoms suggestive of hypertension   Headaches, buzzing in the ears, and/or dizziness   Blood pressure increase   Symptoms suggestive of cardiac problems   Shortness of breath, high palpitations, chest pain or tightness   Respiratory problems   Increasing constant cough or problems breathing   Symptoms suggestive of lysis syndrome   Urine coloration   Decreased urine output   Pain in the side under the ribs   Skin problems   Significant blisters or severe peeling of the skin      How to prevent side effects?   Avoid visiting high risk areas (crowds, contact with sick people,). Vaccination for flu and pneumococcal infection might be recommended for you: it will protect you	The most common ones	cell count (leucopenia), multinuclear neutrophil count (neutropenia), and platelet count (thrombocytopenia), abnormal liver function test <b>Digestive problems:</b> abdominal pain, loss of weight, constipation, nausea, vomiting, diarrhea, inflammations inside the mouth (ulcers) <b>Skin problems:</b> hair loss, itching, skin rash, skin pigmentation <b>Other:</b> fatigue, malaise, dizziness		
Digestive problems   Significant and/or rapid weight loss   Very frequent diarrhea, bowel movement over 4 times a day   Pain inside the mouth or ulcers that prevent normal eating   Severe abdominal pain   Inability to drink for 24 hours and/or eat for about 48 hours   Bowel movements fewer than 3 times a week   Symptoms suggestive of infection   Temperature > 38.5 °C   Cough, throat pain, pain on urination, diarrhea with fever   Symptoms suggestive of hemorrhage   Blood in stool or in vomit   Hematomas (bruises), nose bleedings   Symptoms suggestive of hypertension   Headaches, buzzing in the ears, and/or dizziness   Blood pressure increase   Symptoms suggestive of hypertension   Headaches, buzzing in the ears, and/or dizziness   Blood pressure increase   Symptoms suggestive of hypertension   Headaches, buzzing in the ears, and/or dizziness   Blood pressure increase   Symptoms suggestive of hypertension   Headaches, buzzing in the ears, and/or dizziness   Blood pressure increase   Symptoms suggestive of lysis syndrome   Symptoms suggestive of lysis syndrome   Urine coloration   Decreased urine output   Pain in the side under the ribs   Skin problems   Significant blisters or severe peeling of the skin      How to prevent side effects?   Infection   Avoid visiting high risk areas (crowds, contact with sick people,). Vaccination for flu and pneumococcal infection might be recommended for you: it will protect you	Patients requiring special attention	Fructose intolerant patients		
Significant and/or rapid weight loss Very frequent diarrhea, bowel movement over 4 times a day Pain inside the mouth or ulcers that prevent normal eating Severe abdominal pain Inability to drink for 24 hours and/or eat for about 48 hours Bowel movements fewer than 3 times a week Symptoms suggestive of infection Temperature > 38.5 °C Cough, throat pain, pain on urination, diarrhea with fever Symptoms suggestive of hemorrhage Blood in stool or in vomit Hematomas (bruises), nose bleedings Symptoms suggestive of hypertension Headaches, buzzing in the ears, and/or dizziness Blood pressure increase Symptoms suggestive of cardiac problems Shortness of breath, high palpitations, chest pain or tightness Respiratory problems Increasing constant cough or problems breathing Symptoms suggestive of lysis syndrome Urine coloration Decreased urine output Pain in the side under the ribs Skin problems Significant and/or rapid weight loss Very frequent diarrhea, bowel movement over 4 times a day Pain inside the mouth or ulcers that prevent normal eating Symptoms auggestive of infection Symptoms suggestive of hypertension How to prevent side effects?  How to prevent side effects?  No or	Who	en to alert the medical team?		
Infection  Avoid visiting high risk areas (crowds, contact with sick people,). Vaccination for flu and pneumococcal infection might be recommended for you: it will protect you	conditions are present and in the absence	Significant and/or rapid weight loss  Very frequent diarrhea, bowel movement over 4 times a day  Pain inside the mouth or ulcers that prevent normal eating  Severe abdominal pain Inability to drink for 24 hours and/or eat for about 48 hours  Bowel movements fewer than 3 times a week  Symptoms suggestive of infection  Temperature > 38.5 °C  Cough, throat pain, pain on urination, diarrhea with fever  Symptoms suggestive of hemorrhage  Blood in stool or in vomit  Hematomas (bruises), nose bleedings  Symptoms suggestive of hypertension  Headaches, buzzing in the ears, and/or dizziness  Blood pressure increase  Symptoms suggestive of cardiac problems  Shortness of breath, high palpitations, chest pain or tightness  Respiratory problems  Increasing constant cough or problems breathing  Symptoms suggestive of lysis syndrome  Urine coloration  Decreased urine output  Pain in the side under the ribs  Skin problems		
). Vaccination for flu and pneumococcal infection might be recommended for you: it will protect you	· · · · · · · · · · · · · · · · · · ·			
Weight Regularly <b>check</b> your weight in case of digestive problems.	Infection	). Vaccination for flu and pneumococcal infection might be		
	Weight	Regularly <b>check</b> your weight in case of digestive problems.		

Fatigue	Opt for activities contributing to well-being, in particular adjusted
	and regular physical activities: walking, swimming, biking, sports  Alternate periods of activity and rest.
Oral hygiene	Use a soft toothbrush; use oral rinses containing baking soda.  Avoid oral rinses that contain menthol or alcohol.
Bleedings, hemorrhage	Avoid taking anti-inflammatory drugs (ibuprofen, aspirin) Notify your doctor:  > if you take blood thinners or thrombocytic antiaggregants: careful monitoring is needed > about surgical or dental intervention.
Hair loss	Cut your hair. Find out about wigs and how they are reimbursed.  Use a small amount of mild shampoo (for babies). Opt for a soft brush. Avoid washing your hair too often. Avoid heat sources (hairdryer, heated curlers, hot smoothing iron), dyes, highlights, or perm.
Constipation	To stimulate intestinal transit, <b>engage in</b> adjusted and regular physical activities: walking, swimming, biking, sports
	How to adapt your diet?
Nausea	Opt for split nutrition consisting of several light meals, liquid and cold dishes.  Limit consumption of fatty, fried, and spicy foods.
Loss of weight	Opt for a higher calorie diet and "pleasure diet".
Constipation	Opt for a high fiber diet. Drink plenty of water.
Diarrhea	Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas.  Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol.  Drink plenty of water.
nflammation inside mouth (ulcers)	Avoid sour, sticky, or very salty foods.