



DAROLUTAMIDE - NUBEQA®

What is NUBEQA

Medicine Name	Description
Darolutamide	<p>16 mm de long sur 8 mm de l</p> <p>16 mm long and 8 mm wide, white to off-white, oval tablet</p> 

How should you take your medicine?

Your doctor has determined your medicine dosage.





In your case, the dosage is as follows: mg/day, i.e. pills mg, to be taken 2 times per day, every day.

Swallow whole with a glass of water; do not crush, cut, or dilute the pills.

Take at the same time, with meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – Therapy regimen

2 times per day, at the same time, with meals	  
Continuously	

How to get the medicine supply ?

This medicine is available from local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance.

Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, liver and kidney function.)

Contraception

This drug may harm an unborn baby. During the entire treatment and one month after its cessation, you and your partner need to use effective contraception methods (condoms.)

Interactions with other medications and/or food

The occurrence of interactions between NUBEQA® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.



Example: Avoid using Saint John's wort and grapefruit juice.

What are possible side effects?

The most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

Side effects	
The most common ones	Abnormal lab results: neutropenia Abnormal liver function test: elevated ASAT, ALAT, bilirubin General problems: fatigue, asthenia Skin problems: skin rash Cardiac problems: hypertension
When to alert the medical team?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	Symptoms suggestive of hypertension Headaches, buzzing in the ears and/or dizziness Blood pressure increase Symptoms suggestive of infection Temperature > 38.5 °C Cough, throat pain, pain on urination, diarrhea with fever Symptoms suggestive of cardiac problems Shortness of breath, high palpitations, chest pain or tightness Swelling of the legs (edema)
How to prevent side effects?	
Infection	Avoid visiting high risk areas (crowds, contact with sick people, ...). Vaccination for flu and pneumococcal infection might be recommended for you: it will protect you.
Blood pressure control	Elevated blood pressure needs to be corrected. Taking arterial pressure regularly is recommended. Pharmacists can help you take your blood pressure. You can also ask to do it by yourself using an automatic blood pressure monitor.
Skin care	For washing, opt for a mild soap and moisturizer, pat skin dry. Avoid using any irritating products. For sun protection, use broad spectrum sunscreen and avoid sun exposure.
Fatigue	Opt for activities contributing to well-being, in particular adjusted and regular physical activities: walking, swimming, biking, sports... Alternate periods of activity and rest.
Weight loss	Monitor your weight during the course of treatment: weight loss is possible.

