



## What is Alunbrig®

Medicine Name	Description
Brigatinib	90 mg pill: white, oval 180 mg pill: white, oval

## How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows: ..... mg/day, i.e. .... mg .....pills, to be taken once a day, every day.

Swallow whole with a glass of water, do not crush, cut, chew, or dilute the pills.

At a set time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

## Dosage – therapy regimen

Once a day, at a set time, with or without meals									
With no gaps	D1	D2	D3	D4	D5	D6	D7	...	D28

## How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

## What else do you need to know?

### Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood count, blood glucose level, creatine phosphokinase, and liver, kidney, and pancreas function), as well as clinical condition monitoring.

### Interactions with other medications and/or food

The occurrence of interactions between Alunbrig® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

*Example:* While taking Alunbrig®, it is necessary to avoid using grapefruit juice, Saint John's wort, or certain supplements that might contribute to hypertension, such as ginkgo biloba, bitter orange, butcher's broom, licorice, and yohimbe.

## What are possible side effects?

**Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.**

SIDE EFFECTS	
Most common ones	<p><b>Abnormal lab results:</b> abnormal liver and/or pancreas function test results, elevated blood sugar and/or creatine phosphokinase level, low hemoglobin count (anemia), low leucocyte count (leucopenia)</p> <p><b>Digestive problems:</b> nausea, vomiting, diarrhea, constipation, inflammations inside the mouth (ulcers)</p> <p><b>Skin problems:</b> rash, sun sensitivity</p> <p><b>Respiratory problems:</b> cough, problems breathing</p> <p><b>Cardiovascular problems:</b> arterial hypertension, cardiac dysfunction</p> <p><b>Pain:</b> headaches, muscle pain (myalgia)</p> <p><b>Neuropathy:</b> sensory disturbances (numbness, tingling, creeps), sensation of burning or electric shock, pain caused by cold, heat, and temperature changes</p> <p><b>Other:</b> fatigue, sleep disorder, vision impairment</p>
Some patients require special attention	<p>Patients with diabetes (hyperglycemia)</p> <p>Lactose intolerant patients</p>
WHEN TO ALERT THE MEDICAL TEAM?	



<p>Tell medical personnel if the following conditions are present and in the absence of specific medical advice</p>	<p><b>Respiratory problems</b></p> <ul style="list-style-type: none"> <li>&gt; Increasing constant cough or problems breathing</li> </ul> <p><b>Symptoms suggestive of hypertension</b></p> <ul style="list-style-type: none"> <li>&gt; Headaches, ringing in the ears, and/or dizziness</li> <li>&gt; Blood pressure increase</li> </ul> <p><b>Symptoms suggestive of slow heart rate (bradycardia)</b></p> <ul style="list-style-type: none"> <li>&gt; Loss of consciousness, dizziness</li> <li>&gt; Low blood pressure</li> </ul> <p><b>Digestive problems</b></p> <ul style="list-style-type: none"> <li>&gt; Significant and/or rapid weight loss</li> <li>&gt; Very frequent diarrhea, bowel movement over 4 times a day</li> <li>&gt; Mouth pain or ulcers that prevent normal eating</li> <li>&gt; Severe abdominal pain</li> <li>&gt; Inability to drink for 24 hours and/or eat for about 48 hours</li> <li>&gt; Bowel movements fewer than 3 times a week</li> </ul> <p><b>Eye problems</b></p> <ul style="list-style-type: none"> <li>&gt; Pain in the eyes, tearing or redness, blurred vision or sensitivity to light</li> </ul> <p><b>Pain that prevents you from doing your normal activities</b></p> <ul style="list-style-type: none"> <li>&gt; Headaches</li> <li>&gt; Muscle pain</li> <li>&gt; Sensory disturbances</li> </ul>
---------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

**HOW TO PREVENT SIDE EFFECTS?**

Blood pressure control	Elevated blood pressure needs to be corrected. <b>Taking arterial pressure regularly</b> is recommended. Pharmacists can help you take your blood pressure. You can also ask to do it by yourself using an automatic blood pressure monitor.
Weight	<b>Regularly check your weight</b> in case of digestive problems.
Oral hygiene	<b>Use</b> a soft toothbrush, <b>use</b> oral rinses containing baking soda. <b>Avoid</b> oral rinses that contain menthol or alcohol.
Skin care	<b>Opt for</b> soft soap and moisturizer, pat skin dry. <b>Avoid</b> using any skin irritating products.
Protection from the sun	<b>Apply</b> broad spectrum sunscreen (SPF 50) and avoid sun exposure. <b>Opt for</b> long-sleeve clothing with a collar, long trousers, and hats.
Eyes	<b>Avoid</b> wearing contact lenses. <b>Avoid</b> driving in low light.
Fatigue	<b>Opt for</b> activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports... <b>Alternate</b> periods of activity and rest.
Infection	A flu and pneumococcal infection vaccine might be <b>recommended</b> for you: it will protect you.

**HOW TO ADAPT YOUR DIET?**

Nausea	<b>Opt for</b> split nutrition consisting of several light meals, liquid and cold dishes. <b>Limit</b> consumption of fatty, fried, and spicy foods.
Diarrhea	<b>Opt for</b> a low fiber diet. It is preferable to <b>consume</b> starchy products, carrots, and bananas. <b>Avoid</b> using raw fruit and vegetables, dairy products, coffee, or alcohol. <b>Drink</b> more water.
Constipation	<b>Opt for</b> a high fiber diet. <b>Drink</b> more water.
Inflammation inside mouth (ulcers)	<b>Avoid</b> sour, sticky, or very salty foods.

