



What is CASODEX®

Medicine Name	Description
Bicalutamide	<p>50 mg pill: round, white</p> <p>There are generic drugs of different forms</p> 

How should you take your medicine?








Your doctor has determined your medicine dosage.

In your case, the dosage is as follows: mg/day, i.e. pills, once a day, every day.

Swallow whole with a glass of water; do not crush, cut, chew, or dilute the pills. At a set time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – therapy regimen

Once a day, at a set time, with or without meals									
With no gaps	 D1	 D2	 D3	 D4	 D5	 D6	 D7	...	 D28

How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor liver function and potassium level), as well as clinical condition monitoring (ECG).

Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between CASODEX® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example: While taking CASODEX®, it is necessary to avoid using Saint John's wort, boldo, fucus, Asian ginseng, Seville orange, passionflower, and dandelion.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS



Most common ones	<p>Digestive problems: loss of appetite, abdominal pain, constipation, nausea, vomiting</p> <p>Hot flashes</p> <p>Breast tenderness and swelling</p> <p>Decreased libido</p> <p>Abnormal lab tests: anemia (low hemoglobin level in blood), blood in urine</p> <p>Fatigue</p> <p>Swellings (leg swelling), weight gain</p> <p>Neurological problems: dizziness, drowsiness, depression</p> <p>Skin rash</p>
WHEN TO ALERT THE MEDICAL TEAM?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<p>Respiratory problems</p> <p>> Increasing constant cough or problems breathing</p> <p>Severe abdominal pain</p> <p>Blood in urine</p> <p>Allergy symptoms</p> <p>> Itching with rash</p> <p>> Swelling of the face, lips, tongue and/or throat causing difficulty swallowing or breathing</p> <p>> Symptoms of liver function disorder</p> <p>> Jaundice</p> <p>Symptoms suggestive of cardiac problems</p> <p>> Shortness of breath, high palpitations, chest pain or tightness</p> <p>Libido problems</p> <p>Depression symptoms</p>
HOW TO PREVENT SIDE EFFECTS?	
Hot flashes	<p>Engage in adjusted types of physical activity.</p> <p>Avoid heat sources.</p>
Skin care	<p>Opt for mild soap and moisturizer, pat skin dry. Avoid using any skin irritating products.</p> <p><i>For sun protection use</i> broad spectrum sunscreen and avoid sun exposure.</p>
Fatigue	<p>Opt for activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports...</p> <p>Alternate periods of activity and rest.</p>
Swellings (leg swellings)	<p>Avoid wearing tight clothing, socks, and shoes. Put your feet in an elevated position. Regularly check your weight in case of swellings.</p>
HOW TO ADAPT YOUR DIET?	
Hot flashes	<p>Avoid eating spicy foods with alcohol or caffeine.</p> <p>Drink plenty of cold drinks.</p>
Nausea	<p>Opt for split nutrition consisting of several light meals, liquid and cold dishes.</p> <p>Limit consumption of fatty, fried, and spicy foods.</p>
Swellings	<p>Opt for a low salt diet.</p>

