



## What is INLYTA®

Medicine Name	Description
Axitinib	<p>1 mg pill: oval, red 3 mg pill: round, red 5 mg pill: triangular, red 7 mg pill: diamond shaped, red</p> 

## How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows: ..... mg/day, i.e. .... pill(s) and ..... mg ..... pill(s) twice a day, every day.

Swallow whole with a glass of water; do not crush or cut the pills. At a set time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

## Dosage – therapy regimen

Twice a day, at a set time, with or without meals									
With no gaps									

## How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

## What else do you need to know?

### Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, liver, kidney, and thyroid function,; albumin urine test), as well as clinical condition monitoring (blood pressure, ECG).

### Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

### Interactions with other medications and/or food

The occurrence of interactions between INLYTA® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

*Example:* While taking INLYTA®, it is necessary to avoid using Saint John's wort and grapefruit.

## What are possible side effects?

**Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.**



SIDE EFFECTS	
Most common ones	<p><b>Digestive problems:</b> diarrhea, decreased, nausea, weight loss, nausea, constipation, inflammation inside the mouth (ulcers)</p> <p><b>Vascular disorders:</b> hypertension, hemorrhage, phlebitis</p> <p><b>Skin problems:</b> inflammation of palms, soles of the feet, and areas of friction (hand-foot syndrome)</p> <p><b>Thyroid problems:</b> hypo- or hyperthyroidism</p> <p><b>Others:</b> fatigue, voice change, protein in urine, cough, joint pain</p>
WHEN TO ALERT THE MEDICAL TEAM?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<p><b>Symptoms suggestive of hypertension</b></p> <ul style="list-style-type: none"> <li>&gt; Headaches, buzzing in the ears, and/or dizziness</li> <li>&gt; Blood pressure increase</li> </ul> <p><b>Digestive problems</b></p> <ul style="list-style-type: none"> <li>&gt; Significant and/or rapid weight loss</li> <li>&gt; Very frequent diarrhea, bowel movement over 4 times a day</li> <li>&gt; Mouth pain or ulcers that prevent normal eating</li> <li>&gt; Severe abdominal pain</li> </ul> <p><b>Symptoms suggestive of cardiac problems</b></p> <ul style="list-style-type: none"> <li>&gt; Weakness in one side of the body, severe headaches, convulsions, confusion, difficulty speaking, vision changes, or severe dizziness</li> <li>&gt; Shortness of breath, high palpitations, chest pain or tightness</li> <li>&gt; Excessive fatigue, bloating, swelling of the legs or ankles</li> </ul> <p><b>Symptoms suggestive of hemorrhage or phlebitis</b></p> <ul style="list-style-type: none"> <li>Blood in stool or in vomit</li> <li>Red, warm to the touch, and painful calf</li> </ul> <p><b>Symptoms suggestive of cerebral edema</b></p> <ul style="list-style-type: none"> <li>Headaches, confusion, convulsions, or vision problems</li> </ul>
HOW TO PREVENT SIDE EFFECTS?	
Blood pressure control	Elevated blood pressure needs to be corrected. <b>Taking arterial pressure regularly</b> is recommended. Pharmacists can help you take your blood pressure. You can also ask to do it by yourself using an automatic blood pressure monitor.
Weight	<b>Regularly check your weight</b> in case of digestive problems.
Hemorrhage / bleedings	<b>Avoid</b> taking anti-inflammatory drugs (ibuprofen, aspirin...) <b>Notify</b> your doctor: > if you take <i>blood thinners or thrombocytic antiaggregants</i> : careful monitoring is needed > about <i>surgical or dental intervention</i>
Oral hygiene	<b>Use</b> a soft toothbrush; <b>use</b> oral rinses containing baking soda. <b>Avoid</b> oral rinses that contain menthol or alcohol.
Skin care	<b>On hands and feet: Apply</b> moisturizing cream or milk and/or healing cream on hands and feet (without rubbing hard). <b>Avoid</b> exposing hands and feet to heat (hot water). <b>Avoid</b> activities that cause rubbing or injury. <b>Avoid</b> wearing overly tight clothing, socks, or shoes <b>Body: Opt for</b> soft soap and moisturizer, pat skin dry. <b>Avoid</b> using any irritating products. <i>For sun protection, use</i> broad spectrum sunscreen and <b>avoid</b> sun exposure.
Fatigue	<b>Opt for</b> activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports... <b>Alternate</b> periods of activity and rest.
HOW TO ADAPT YOUR DIET?	
Diarrhea	<b>Opt for</b> a low fiber diet. It is preferable to <b>consume</b> starchy products, carrots, and bananas. <b>Avoid</b> using raw fruit and vegetables, dairy products, coffee, or alcohol. <b>Drink</b> more water.
Nausea	<b>Opt for</b> split nutrition consisting of several light meals, liquid and cold dishes. <b>Limit</b> consumption of fatty, fried, and spicy foods.
Inflammation inside mouth (ulcers)	<b>Avoid</b> sour, sticky, or very salty foods.
Taste perception disorders	<b>Opt for</b> several small meals of warm and cold food per day. <b>Avoid</b> using metal kitchen utensils.
Weight loss	<b>Opt for</b> a higher calorie diet and "pleasure diet".

