



What is VENCLYXTO®

Medicine Name	Description
Venetoclax	10 mg pill: round, light yellow 50 mg pill: oval, beige 100 mg pill: oval, light yellow

How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows: mg/day, i.e. mg pills once a day, every day.

Initial dose increase over weeks (from to mg, doubling every week).

>Week 1 mg/day

>Week 2 mg/day

>Week 3 mg/day

>Week 4 mg/day

>Beginning from week 5, mg/day

During the titration period, **drink 1.5 - 2 liters of water per day.**

Swallow whole with a glass of water; do not crush, cut, or chew the pills В установленное время, с едой.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Posologie - Mode d'administration

Once a day, at a set time, with meals									
With no gaps									
	D1	D2	D3	D4	D5	D6	D7	...	D28

How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, kidney function, and metabolic panel), as well as clinical condition monitoring.

Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between VENCLYXTO® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example: Avoid using Saint John's wort (common Saint John's wort), sage, turmeric, peppermint, passionflower, hawthorn in all its forms (capsule, resin, extract, drops...), as well as grapefruit (juice, pulp), bitter orange, and carambola.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS



Most common ones	<p>Digestive problems: nausea, vomiting, diarrhea, constipation, abdominal pain</p> <p>Fatigue</p> <p>Urinary system disorders: urinary tract infections, dark urine, elevated creatinine</p> <p>Respiratory disorders: infections</p> <p>Abnormal lab tests: low hemoglobin level (anemia) and/or low multinuclear neutrophil count (neutropenia)</p> <p>Tumor lysis syndrome: increased levels of potassium, phosphorus and urea (hyperkalemia, hyperphosphatemia, hyperuricemia). Low calcium level (hypocalcemia)</p>
Some patients require special attention	Patients taking vitamin K antagonists (close monitoring of the international normalized ratio is recommended)
WHEN TO ALERT THE MEDICAL TEAM	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<p>Digestive problems</p> <ul style="list-style-type: none"> > Significant and/or rapid weight loss > Very frequent diarrhea, bowel movement over 4 times a day > Mouth pain or ulcers that prevent normal eating > Severe abdominal pain > Inability to drink for 24 hours and/or eat for about 48 hours > Bowel movements fewer than 3 times a week <p>Symptoms suggestive of infection</p> <ul style="list-style-type: none"> > Temperature > 38.5 °C > Cough, throat pain, pain on urination, diarrhea with fever <p>Allergy symptoms</p> <ul style="list-style-type: none"> > Itching with rash Swelling of the face, lips, tongue and/or throat causing difficulty swallowing or breathing <p>Symptoms suggestive of lysis syndrome</p> <p>Urine color</p> <p>Decreased urine output</p> <p>Pain in the side under the ribs</p>
HOW TO PREVENT SIDE EFFECTS?	
Infection	Avoid visiting high risk areas (crowds, contact with sick people, ...). A flu and pneumococcal infection vaccine might be recommended for you: it will protect you.
Infertility	Before starting treatment, ask your doctor about ways to save sperm.
Constipation	To stimulate intestinal transit, engage in adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports...
Fatigue	Opt for activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports... Alternate periods of activity and rest.
Skin care	<i>For sun protection</i> use broad spectrum sunscreen and avoid sun exposure.
Handling an anticancer medication	Avoid capsule contact with skin. Wear gloves and wash your hands after handling the medicine.
HOW TO ADAPT YOUR DIET?	
Diarrhea	Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas. Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol. Drink more water.
Nausea	Opt for split nutrition consisting of several light meals, liquid and cold dishes. Limit consumption of fatty, fried, and spicy foods.
Constipation	Opt for a high fiber diet. Drink more water.

