



What is CAPRELSA®

Medicine Name	Description
Vandetanib	100 mg pill: white, round 300 mg pill: white, oval

How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows:..... mg/day, i.e. mg pills, to be taken once a day, every day.

Swallow whole with a glass of water; do not crush or cut the pills. Pills can be dispersed by stirring for 10 minutes in half a glass of still water. DRINK immediately. RINSE the glass and DRINK the rinse water.

At a set time, with or without meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

Dosage – therapy regimen

Once a day, at a set time, with or without meals									
With no gaps	D1	D2	D3	D4	D5	D6	D7	...	D28

How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

What else do you need to know?

Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor thyroid and liver function, and ionogram), as well as clinical condition monitoring (ECG).

Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

Interactions with other medications and/or food

The occurrence of interactions between CAPRELSA® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

Example: While taking CAPRELSA®, it is necessary to avoid using Saint John's wort, grapefruit, boldo, fucus, Asian ginseng, bitter orange, passionflower, dandelion, ginkgo biloba, butcher's broom, licorice, yohimbe.

What are possible side effects?

Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.

SIDE EFFECTS



Most common ones	<p>Digestive problems: diarrhea, nausea, loss of appetite, vomiting, acid reflux Skin problems: skin rash, sun sensitivity, acne, itching, dryness, nail abnormalities Pain: fatigue, headaches, pain Infections: pharyngitis, sinusitis, rhinitis, urinary tract infection etc. General: sleep disorder, fatigue, mood disorders, swellings Eye problems: vision problems Cardiac problems, including hypertension</p>
WHEN TO ALERT THE MEDICAL TEAM?	
Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<p>Symptoms suggestive of cardiac problems > Shortness of breath, high palpitations, or chest pain or tightness Symptoms suggestive of hypertension > Headaches, buzzing in the ears, and/or dizziness > Blood pressure increase Digestive problems > Significant and/or rapid weight loss > Very frequent diarrhea, bowel movement over 4 times a day > Severe abdominal pain > Inability to drink for 24 hours and/or eat for about 48 hours Symptoms suggestive of hemorrhage > Blood in stool or in vomit > Hematomas (bruises), nose bleedings Respiratory problems Increasing constant cough or problems breathing Skin problems Significant blisters or severe peeling of the skin Symptoms suggestive of cerebral edema Headaches, confusion, convulsions, or vision problems</p>
HOW TO PREVENT SIDE EFFECTS?	
Blood pressure control	Elevated blood pressure needs to be corrected. Taking arterial pressure regularly is recommended. Pharmacists can help you take your blood pressure. You can also ask to do it by yourself using an automatic blood pressure monitor.
Weight	Regularly check your weight in case of digestive problems or swelling of the limbs.
Skin care	<u>On hands and feet:</u> Apply moisturizing cream or milk and/or healing cream on hands and feet (without rubbing hard). Avoid exposing hands and feet to heat (hot water). Avoid activities that cause rubbing or injury. Avoid wearing overly tight clothing, socks, or shoes <u>Body:</u> Opt for soft soap and moisturizer, pat skin dry. Avoid using any irritating products.
Protection from the sun	ESSENTIAL. Apply broad spectrum sunscreen (SPF 50) and avoid sun exposure. Opt for long-sleeve clothing with a collar, long trousers, and hats.
Nails	Avoid fingernail and toenail injuries. Avoid using nail polishes, except protective polish specifically recommended to you by your medical team. Opt for straight shaped nails and don't cut your nails too short.
Bleedings / hemorrhages	Avoid taking anti-inflammatory drugs (ibuprofen, aspirin...) Notify your doctor: > if you take <i>blood thinners or thrombocytic antiaggregants</i> : careful monitoring is needed > about <i>surgical or dental intervention</i> .
Infection	A flu and pneumococcal infection vaccine might be recommended for you: it will protect you.
Swellings	Avoid wearing tight clothing, socks, and shoes. Put your feet in an elevated position.
Fatigue	Opt for activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports... Alternate periods of activity and rest.
HOW TO ADAPT YOUR DIET?	
Diarrhea	Opt for a low fiber diet. It is preferable to consume starchy products, carrots, and bananas. Avoid using raw fruit and vegetables, dairy products, coffee, or alcohol. Drink more water.
Nausea	Opt for split nutrition consisting of several light meals, liquid and cold dishes. Limit consumption of fatty, fried, and spicy foods.
Acid reflux	Avoid using alcohol, tobacco, coffee, and large, fatty meals. Opt for split nutrition.
Loss of appetite	Opt for a higher calorie diet and "pleasure diet".



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