



## What is LYSODREN®

Medicine Name	Description
Mitotane	500 mg pill: white, notched

## How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows:..... mg per day, i.e. .... 500 mg pills, to be taken ..... times per day, every day.

Swallow whole with a glass of water; do not crush, cut, chew, or dilute the pills.

Take at a set time, with high-fat meals.

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

## Dosage – therapy regimen

2 - 3 times per day, at a set time, with meals (with high-fat meals)									
With no gaps									
	D1	D2	D3	D4	D5	D6	D7	...	D28

## How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

## What else do you need to know?

### Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, liver and thyroid function, cholesterol and triglycerides level), as well as clinical condition monitoring.

### Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

### Interactions with other medications and/or food

The occurrence of interactions between LYSODREN® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

*Example:* While taking LYSODREN®, it is necessary to avoid using burdock, boldo, common borage, ginkgo biloba, meadowsweet, red clover.

## What are possible side effects?

**Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.**

SIDE EFFECTS	
Most common ones	<p><b>Digestive problems:</b> vomiting, diarrhea, nausea, acid reflux, weight loss</p> <p><b>Neurological disorders:</b> drowsiness, dizziness, confusion, creeps, sensory disturbances</p> <p><b>Abnormal lab results:</b> abnormal liver function tests, hypercholesterinemia, hypertriglyceridemia, low white blood cell count (leucopenia) and low thrombocyte count (thrombocytopenia), low hemoglobin level (anemia)</p> <p><b>Others:</b> skin rash, fatigue, bleedings, muscle fatigue, breast tenderness and swelling</p> <p><b>Adrenal insufficiency</b></p>
WHEN TO ALERT THE MEDICAL TEAM?	



<p>Tell medical personnel if the following conditions are present and in the absence of specific medical advice</p>	<p><b>Symptoms suggestive of infection</b>                  &gt; Temperature &gt; 38.5 °C                  &gt; Cough, throat pain, pain on urination, diarrhea with fever  <b>Injuries, shock</b>  <b>Symptoms suggestive of hemorrhage</b>                  &gt; Blood in stool or in vomit                  &gt; Hematomas (bruises), nose bleedings  <b>Digestive problems</b>                  &gt; Significant and/or rapid weight loss                  &gt; Very frequent diarrhea, bowel movement over 4 times a day                  &gt; Severe abdominal pain                  &gt; Inability to drink for 24 hours and/or eat for about 48 hours  <b>Neurological disorders</b>                  &gt; Motor skills and coordination impairment                  &gt; Abnormal sensations, such as tingling, creeps                  &gt; Memory loss, difficulty concentrating, difficulty speaking                  Dizziness  <b>Adrenal insufficiency</b>                  &gt; Fatigue, abdominal pain, nausea, vomiting, diarrhea, confusion</p>		
<p><b>HOW TO PREVENT SIDE EFFECTS?</b></p>			
<p>Adrenal insufficiency</p>	<p><b>Carry with you a card of a patient who is taking LYSODREN®.</b> In case of an emergency, medical personnel need to know that you are being treated with LYSODREN®.</p> <p style="text-align: center;"><b>CARD OF A PATIENT TAKING LYSODREN</b></p> <table border="1" data-bbox="387 723 1474 947"> <tr> <td data-bbox="387 723 930 947"> <p><b>I am being treated with Lysodren (Mitotane)</b>   <b>I have a higher risk of adrenal insufficiency.</b>   <b>In the event that I require emergency care, appropriate preventive measures must be taken.</b></p> </td> <td data-bbox="930 723 1474 947"> <p><b>My doctor's name:</b> _____  <b>Telephone:</b> _____</p> <p><b>For information about this product, please contact:</b></p> <p style="text-align: center;"><b>Laboratoire HRA Pharma</b>  <b>Tel.: +33 1 40 33 11 30</b>  <b>lysodren@hra-pharma.com</b></p> </td> </tr> </table>	<p><b>I am being treated with Lysodren (Mitotane)</b>   <b>I have a higher risk of adrenal insufficiency.</b>   <b>In the event that I require emergency care, appropriate preventive measures must be taken.</b></p>	<p><b>My doctor's name:</b> _____  <b>Telephone:</b> _____</p> <p><b>For information about this product, please contact:</b></p> <p style="text-align: center;"><b>Laboratoire HRA Pharma</b>  <b>Tel.: +33 1 40 33 11 30</b>  <b>lysodren@hra-pharma.com</b></p>
<p><b>I am being treated with Lysodren (Mitotane)</b>   <b>I have a higher risk of adrenal insufficiency.</b>   <b>In the event that I require emergency care, appropriate preventive measures must be taken.</b></p>	<p><b>My doctor's name:</b> _____  <b>Telephone:</b> _____</p> <p><b>For information about this product, please contact:</b></p> <p style="text-align: center;"><b>Laboratoire HRA Pharma</b>  <b>Tel.: +33 1 40 33 11 30</b>  <b>lysodren@hra-pharma.com</b></p>		
<p>Weight</p>	<p><b>Regularly check your weight</b> in case of digestive problems.</p>		
<p>Bleedings, hemorrhages</p>	<p><b>Avoid</b> taking anti-inflammatory drugs (ibuprofen, aspirin...)  <b>Notify</b> your doctor:                  &gt; if you take <i>blood thinners or thrombocytic antiaggregants</i>: careful monitoring is needed                  &gt; about <i>surgical or dental intervention</i>.</p>		
<p>Fatigue</p>	<p><b>Opt for</b> activities contributing to well-being, in particular adjusted and regular physical activities: walking, work in the garden, swimming, biking, sports...  <b>Alternate</b> periods of activity and rest.</p>		
<p>Skin care</p>	<p><b>Opt for</b> mild soap and moisturizer, pat skin dry. <b>Avoid</b> using any skin irritating products.  <i>For sun protection use</i> broad spectrum sunscreen and <b>avoid</b> sun exposure.</p>		
<p>Handling an anticancer medication</p>	<p><b>Avoid</b> capsule contact with skin. Wear gloves and wash your hands after handling the medicine.</p>		
<p><b>HOW TO ADAPT YOUR DIET?</b></p>			
<p>Nausea</p>	<p><b>Opt for</b> split nutrition consisting of several light meals, liquid and cold dishes.  <b>Limit</b> consumption of fatty, fried, and spicy foods.</p>		
<p>Diarrhea</p>	<p><b>Opt for</b> a low fiber diet. It is preferable to <b>consume</b> starchy products, carrots, and bananas.  <b>Avoid</b> using raw fruit and vegetables, dairy products, coffee, or alcohol.  <b>Drink</b> more water.</p>		
<p>Weight loss</p>	<p><b>Opt for</b> a higher calorie diet and "pleasure diet".</p>		

