



## What is PURINETHOL®

Medicine Name	Description
Mercaptopurine	50 mg pill: light yellow

## How should you take your medicine?

Your doctor has determined your medicine dosage.

In your case, the dosage is as follows: ..... mg/day, i.e. 50 mg pill, once a day, every day.

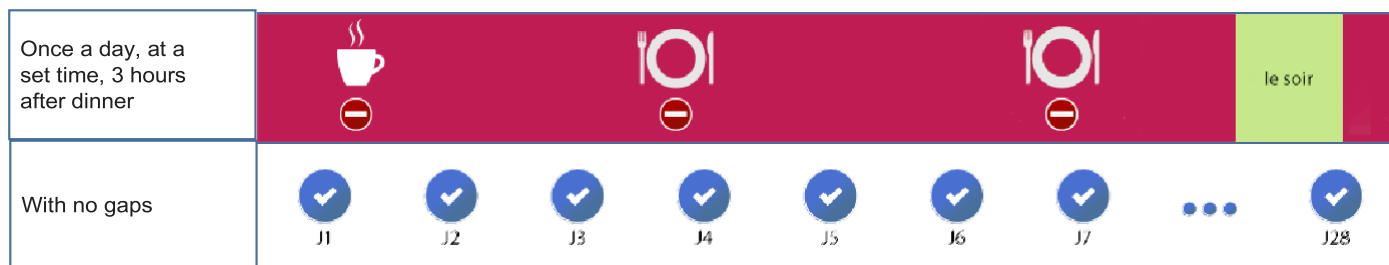
Swallow whole with a glass of water; do not crush, cut, chew, or dilute the pills.

If you have difficulty swallowing the pill, find out about the existing oral suspension.

At a set time. With a time interval between taking the medicine and eating or drinking milk (1 hour before a meal or 3 hours after a meal, preferably in the evening).

If you forgot to take a dose or in case of vomiting, do not take an additional dose but wait for the time to take the next dose.

## Dosage – therapy regimen



## How to get the medicine supply?

This medicine is available in local pharmacies.

Getting this medicine might take time. Be careful and order the medicine in advance. Store this product in its original packaging, away from sources of heat and moisture.

## What else do you need to know?

### Precautions and monitoring

Laboratory tests are necessary while taking your medication (blood test to monitor blood counts, liver and pancreas function), as well as clinical condition monitoring.

### Using contraceptives

This drug may harm an unborn baby. During the entire treatment, you and your partner need to use effective contraception methods (condoms combined with another method).

### Interactions with other medications and/or food

The occurrence of interactions between PURINETHOL® and your other treatments may have harmful consequences (reduced drug efficacy and tolerance). It is important to tell your pharmacist and doctor about all medications and/or other substances (foods, plants, probiotics, essential oils, nutritional supplements, etc.) that you are taking.

*Example:* While taking PURINETHOL®, it is necessary to avoid using olive leaf supplements and alcohol.

Some (live) vaccines are contraindicated while taking PURINETHOL®.

## What are possible side effects?

**Only the most common side effects are listed below. There might be some other side effects. For additional information, refer to your medicine leaflet or seek advice from your doctor or pharmacist.**

### SIDE EFFECTS



Most common ones	<b>Abnormal lab results:</b> low leukocyte count (leukopenia) and low platelet count (thrombocytopenia), low hemoglobin level (anemia), abnormal liver function test <b>Digestive problems:</b> nausea, vomiting, diarrhea, inflammations inside the mouth (ulcers), weight loss
Some patients require special attention	Lactose intolerant patients Patients – carriers of hepatitis B virus and herpesvirus

#### WHEN TO ALERT THE MEDICAL TEAM?

Tell medical personnel if the following conditions are present and in the absence of specific medical advice	<b>Symptoms suggestive of infection</b> > Temperature > 38.5 °C > Cough, throat pain, pain on urination, diarrhea with fever <b>Digestive problems</b> > Significant and/or rapid weight loss > Very frequent diarrhea, bowel movement over 4 times a day > Mouth pain or ulcers that prevent normal eating > Severe abdominal pain > Inability to drink for 24 hours and/or eat for about 48 hours
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#### HOW TO PREVENT SIDE EFFECTS?

Infection	<b>Avoid</b> visiting high risk areas (crowds, contact with sick people, ...). A flu and pneumococcal infection vaccine might be <b>recommended</b> for you: it will protect you.
Weight	<b>Regularly check your weight</b> in case of digestive problems.
Oral hygiene	<b>Use</b> a soft toothbrush; <b>use</b> oral rinses containing baking soda. <b>Avoid</b> oral rinses that contain menthol or alcohol.
Skin care	<b>Avoid</b> using any skin irritating products. <i>For sun protection use</i> broad spectrum sunscreen and <b>avoid</b> sun exposure.

#### HOW TO ADAPT YOUR DIET?

Nausea	<b>Opt for</b> split nutrition consisting of several light meals, liquid and cold dishes. <b>Limit</b> consumption of fatty, fried, and spicy foods.
Diarrhea	<b>Opt for</b> a low fiber diet. It is preferable to <b>consume</b> starchy products, carrots, and bananas. <b>Avoid</b> using raw fruit and vegetables, dairy products, coffee, or alcohol. <b>Drink</b> more water.
Inflammation inside mouth (ulcers)	<b>Avoid</b> sour, sticky, or very salty foods.
Weight loss	<b>Opt for</b> a higher calorie diet and "pleasure diet".

